



NutriNOR
National Research School in Nutrition



Norsk Selskap for
Ernæring
NORWEGIAN NUTRITION SOCIETY



FINNISH SOCIETY
FOR NUTRITION
RESEARCH



Nordic Nutrition Summer Symposium

27-30 September 2026

WHO:

PhD students and early career researchers in Nutrition and Food Science from the Nordic Countries.

WHERE:

University of Agder (UiA), Kristiansand, Norway

WHEN:

27-30 September 2026

WHAT:

The NNSS is organised by the Nordic nutrition societies and NutriNOR, the Norwegian research school for nutrition. It will consist of lectures and workshops with experts in the field of nutrition and patient reported outcomes, own presentations by the participants and an attractive social programme for network building across the Nordic countries.

Register via link:

[Registration for NNSS 2026](#)

Register via QR code:



Registration is open from April 1st to August 25th

Time	Sunday 27 September
All day	Arrival in Kristiansand
18	Social activity

Time	Monday 28 September
9-12	Patient reported outcome measures (PROMs): Introduction, concepts and applications of Health-related quality of life measures and beyond (breaks included) Elisabeth G. Beisland, Western Norway University of Applied Sciences, Norway
12-13	Nutrition literacy Birna Thorsdottir, University of Iceland
13-14	Lunch
14-16	Use of purchase data in nutrition research: A chance for big data analysis? Henna Vepsäläinen, University of Helsinki, Finland
18	Social activity

Time	Tuesday 29 September
9-11	Introduction to science communication "From draft to publication: Practical tips to facilitate scientific writing" Henna Vepsäläinen, University of Helsinki, Finland
11-13	Presentations by participants (15 minutes each) Individual coaching by trainers from University of Agder, Norway
13	Lunch
14-16	Presentations by participants (15 minutes each) Individual coaching by trainers from University of Agder, Norway
18	Social activity

Time	Wednesday 30 September
9-13	Qualitative methods in nutrition research Anu Joki, University of Helsinki, Finland Terhi Koivumäki, Tampere University, Finland
13-14	Lunch
14-15:45	Qualitative methods in nutrition research Anu Joki, University of Helsinki, Finland Terhi Koivumäki, Tampere University, Finland
15:45 -16	Closing remarks

Practical information: NNSS is organised by NutriNOR (Norwegian Research School in Nutrition), the Norwegian Nutrition Society, the Finnish Society for Nutrition Research, the Danish Nutrition Society, the Swedish National Committee of Nutritional Science and the Nutrition Society of Iceland.

The participation fee is 100 Euros. You will receive an invoice from the organizers after registration. Registration covers participation in the summer school, lunch, drinks and snacks during the scientific programme as well as the social programme including dinner on Sunday, Monday and Tuesday. Please note that your registration is binding. Participation is free of cost for members of the Nutrition societies of the Nordic countries and members of NutriNOR. Please specify your membership in the registration form.

Venue: The NNSS will be held at **the University of Agder, Universitetsveien 25, 4630 Kristiansand**. The venue can be reached by public transport (about 20 busses per hour see www.akt.no/english) from the city centre.

Kristiansand has an international airport, however, most flights will be via Oslo airport. There are also busses and trains from Oslo (see www.vy.no)

Accommodation: You can find suggestions for accommodation here:
<https://en.visitorslandet.com/weekend-in-kristiansand/>
Accommodation costs will be covered for members of NutriNOR.

More information and speakers' bios can be found here:
<https://www4.uib.no/en/research/research-schools/nutrinor/events>

If you have further questions: do not hesitate to contact us at nutrinor@uib.no!